



Edinburg C.I.S.D. Child Nutrition Department Elementary School Breakfast & Lunch Menu August 2022



Welcome Back All Students & Staff!! We are excited to see some new and familiar faces back in our cafeterias!!

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1		2		3		4		5	
8		9		10		11		12	
15	Oatmeal Choc. Chip Cereal Bar Fruit/Juice/Milk	16	Blueberry Muffin Fruit/Juice/Milk	17	Morning Sausage Roll Fruit/Juice/Milk	18	Pancake w/sausage patty Fruit/Juice/Milk	19	Honeybun Fruit/Juice/Milk
	Pepperoni Pizza <i>w/parmesan cheese (opt)</i> Cali. Blend Veggies Golden Corn Fruit/Milk <small>577 kcal, 16 g Fat, 77 g CHO</small>		Chicken Tenders w/Dutch Waffle <i>powdered sugar & ketchup</i> Broccoli Florets Orange Glazed Cinnamon Carrots Fruit/Milk <small>653 kcal, 22 g Fat, 88 g CHO</small>		Hamburger / Cheeseburger <i>mustard, mayo & ketchup</i> Burger Salad Potato Crinkle Cut Fries Fruit/Milk <small>588 kcal, 20 g Fat, 73 g CHO</small>		Cheese Enchiladas w/Meat Sauce Spanish Rice Seasoned Pinto Beans Lettuce & Tomato Salad w/ranch dressing Fruit/Milk <small>596 kcal, 14 g Fat, 85 g CHO</small>		Turkey Ham & Cheese Croissant SW <i>mustard & mayo</i> Burger Salad Fresh Baby Carrots w/ranch dressing Dorito Chips Fruit/Milk <small>579 kcal, 21 g Fat, 85 g CHO</small>
22	Assorted Cereal Bowl Fruit/Juice/Milk	23	Cinnamon Toast Crunch Bar Fruit/Juice/Milk	24	Biscuit w/Chicken Patty Fruit/Juice/Milk	25	Strawberry Toaster Pastry Fruit/Juice/Milk	26	Apple-Cinnamon Cereal Bar Fruit/Juice/Milk
	Orange Chicken w/Sauce Steamed Rice Broccoli Florets Dill Seasoned Carrots Fruit/Milk <small>396 kcal, 6 g Fat, 64 g CHO</small>		Breaded Beef Fingers <i>w/country gravy or ketchup (opt)</i> Garlic Toast Mashed Potatoes w/brown gravy Green Beans Fruit/Milk <small>629 kcal, 20 g Fat, 84 g CHO</small>		Hamburger / Cheeseburger <i>mustard, mayo & ketchup</i> Burger Salad Potato Tater Tots Fruit/Milk <small>577 kcal, 20 g Fat, 70 g CHO</small>		Pulled Pork Tacos w/Corn Tortillas Homemade Fideo Seasoned Pinto Beans Lettuce & Tomato Salad w/ranch dressing Fruit/Milk <small>644 kcal, 20 g Fat, 77 g CHO</small>		Chicken Burger <i>mustard & mayo</i> Burger Salad Sweet Potato Waffle Fries <i>w/ketchup</i> Fruit/Milk <small>570 kcal, 22 g Fat, 69 g CHO</small>
29	Sliced Banana Bread Fruit/Juice/Milk	30	Mini Bagel w/Cheese Fruit/Juice/Milk	31	Beef Tamales Fruit/Juice/Milk				
	Popcorn Chicken Bites <i>w/ketchup</i> Cheese Breadstick Seasoned Potato Wedges Green Peas Fruit/Milk <small>607 kcal, 18 g Fat, 78 g CHO</small>		Breaded Chicken Drumstick Macaroni & Cheese Broccoli Florets Orange Glazed Cinnamon Carrots Fruit/Milk <small>408 kcal, 12 g Fat, 44 g CHO</small>		Hamburger / Cheeseburger <i>mustard, mayo & ketchup</i> Burger Salad Potato Crinkle Cut Fries Fruit/Milk <small>588 kcal, 20 g Fat, 73 g CHO</small>				

Menu subject to change due to product availability. Menu should not be used for nutritional caloric intake.

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